

ACTIVE SENIOR LIVING

"Meadow Joy Village"

Inviting, Remarkable, Kindly

Join us in pioneering a pathway to better senior living at
"Meadow Joy Village"

Our team effort will be to build a community which reflects a warm and welcoming environment filled with love, laughter, and hope celebrating life to the fullest.

Karen Cresswell, Founder: Retired Physical Education Instructor and Coach
Local Family Business Owners since 1976.

A talented team of experts will collaborate closely on the concept, design, development and construction of "Meadow Joy Village"

Vision Statement

We are a positive force leading the way to better senior living. A community environment filled with love, joy, gentleness and kindness. We engage in practices that respect and protect nature and living things. Our journey will always foster a culture of lifelong learning, wellness, encouragement, hope and generosity celebrating life to the fullest. There is no limit to the good we can do.

Guiding Principles

It is our company policy to create an environment where everyone, from any background, can do their best work. To be engaged, one must feel included and valued. As a company we will always do our best to judge our employees' work based on their willingness to learn, level of effort, and competence.

We strongly believe that diverse and wide-ranging ideas, perspectives, and backgrounds create a stronger and more creative work environment that delivers better results. We celebrate multiple approaches and points of view, knowing that diversity drives innovation.

Our employees' uniqueness is their strength. We believe in supporting our employees to overcome obstacles and confront day-to-day challenges to achieve their goals. We are confident our employees can, and will, bring their best selves to this important work.

Responsible Business Practice

This company is committed to reduce waste and protect the environment by living lighter on the planet. We strive to purchase and use safe reusable products in all of our operations. We will provide the highest possible standards for energy and environmental sustainability. Sharing our identity, values and interests is important and the messaging will be transparent. We believe in giving back to our community and we are committed to causes which make the world a better place to live. Together we are strong and together we can do anything.

Large Independent Senior Living Community with adjoining Smaller Extra Care Living Community. To be named: **“Meadow Joy Village”**

Prominent Focus

- *People-centered: Designed for time to live purposefully and peacefully
 - *Highest quality of services. Want a wide selection of wellness, fitness and recreational programs. Wheelchair and electric cart friendly
 - *Sustainably designed environment, net zero energy footprint. Recycle program with reusable alternatives. Gratitude and Respect for nature.
 - *Organic farm-to-table style dining available, vegetarian options, large garden area, fruit trees, berry & grape vines.
 - *Wellness and Well-being will be a prominent focus: meditation space, courtyards, tranquil walking paths, fitness opportunities. Multiple activities to stimulate, challenge, enlighten and enjoy. Desire: Physical Therapy Business on site.
 - *Lifelong Learning & Fulfillment: Residents use of Time, Talents and Resources.
Participation: within Butte College H.A.L. program and Chico State University OLLI program.
Many ways to practice generosity: Giving of your time, material goods, money, energy, work and love. Both giving and receiving are interdependent.
 - *A wide array of Adventures and Outings: Museums, Art Galleries, Wineries, Sacramento River, Oroville Chinese Temple, Lunberg Family Farm, Chico State University performances, Scenic drives: Hwy 32-45-70 to name a few.
 - *On site for resident use: Library, gym, computer room, theater, community kitchen, craft room, game room, activity rooms, chapel
 - *Different Floor Plans to choose from to fit ones preference, budget and way of life.
- *Where you choose to live now, will determine how well you live in the future.**
- *We believe that living a healthy, well-rounded lifestyle is the key to active, successful aging. Health and happiness go hand-in-hand.

Advertizing Statements & Living Well

A community committed to enriching lives and resident centered

Spectacular retirement and vibrant style living providing the utmost comfort

Extraordinary levels and Highest Quality of services

Safety Camera monitoring system

Gorgeous, cozy interiors and Stunning studio, one-and-two bedroom Apartments

Delicious restaurant-style dining in our elegant Dining area, healthy dining options

Sustainably designed environment and net zero energy footprint

Recycle program with reusable alternatives

Washer/Dryer in many apartments

Multiple activities to stimulate, challenge, enlighten and enjoy

Exercise and dance classes for health and fitness in our spacious Activity rooms

Volunteer Opportunities with many ways to practice Generosity

Craft room, theater, gym, community kitchen, library, computer area

Wheelchair and electric cart friendly community and Bus with lift

Scenic setting with tranquil walking paths, fountains and a sparkling Koi pond

Vegetable garden, fruit trees, berry and grape vines

Carefully landscaped grounds within a Pet-friendly community

Local Amenities

For seniors: Butte College program and Chico State OLLI program

We want everyone to have a rich life!

Where you choose to live now, will determine how well you live in the future.

“Meadow”

Naming the Senior Community: *Delightful Meadow that Nature could produce. Bright with buttercups and violets. Listen to the joyful and bright choir of birds where lambs are feeding. Lush water meadow and slow reedy streams*

Gratitude for Mother Nature

Without the gift of nature human beings would cease to exist. “Nature doesn’t need people. People need nature.” Our forest, rivers, oceans and soil provide us with the food we eat, the air we breathe, the water we irrigate our crops with.

Thank you for all the earths’ blessings: sun that warms us, food that the earth provides, the water we drink. Thank you for the Beauty of Nature and the abundance of color. Thank you for your Seasons.

“Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts.” by Rachel Carson

Respect & Protect Mother Nature

People need to respect Nature & Living Things. Nature enhances our wellbeing to survive. We want to better understand you, learn how to help take better care of you.

Simple ways to Respect & Protect our Nature: (1) Cut down on what you throw away: reduce, reuse, recycle (2) Volunteer for clean up in your community (3) Educate (4) Conserve water (5) Choose sustainable (6) Shop wisely (7) Use long-lasting light bulbs (8) Plant a Tree

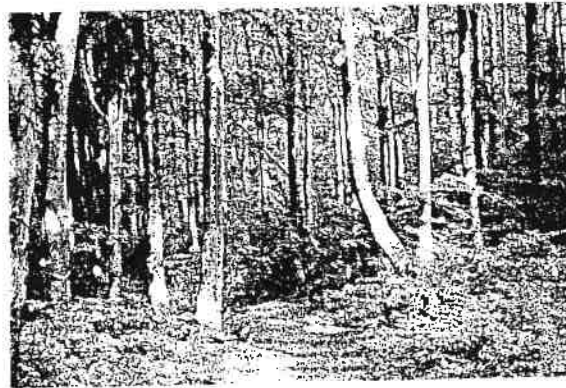
Nature according to Research: People who stop to contemplate nature experience higher levels of happiness, lower levels of anxiety, and a greater desire to care for the earth.

Here are 5 Tips for practicing Self-Care in Nature: (1) Use all of your Senses (2) Notice the Details (3) Be Curious (4) Let your Mind Wander & Reflect (5) Give Back to the Space that gives you so Much!

NATURE

According to research: People who stop to contemplate nature experience higher levels of happiness, lower levels of anxiety, and a greater desire to care for the earth. The key isn't *being in* nature, but *noticing* it.

Take a Moment to Experience Gratitude!



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